

# Save \$ &

## Stop idling.

The average Canadian motorist idles 6–8 minutes per day. That's \$11 a month in gas.\* Idling harms children and our planet.



Vehicle emissions contain small particles that travel deep into our lungs, causing respiratory health issues. They are especially harmful to children.

Every winter, Canadians use 2.2 million litres of fuel for idling, which produces over 5,000 tonnes of greenhouse gases.

### Did you know?

Idling isn't necessary before driving your car in cold weather. In fact, idling is harmful to your car and wastes gas.



### For more information

[nrcan.gc.ca/energy/efficiency/communities-infrastructure/transportation/idling/4463](http://nrcan.gc.ca/energy/efficiency/communities-infrastructure/transportation/idling/4463)

\*With gas at \$1.50/litre, idling costs about 4.5¢/minute.

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